

Vancouver Summer Program in Kinesiology

July 12 to
August 12,
2024



Participate in a four-week academic adventure to learn about kinesiology in Canada and explore Canadian society and culture.



Discover what it's like to study in Canada, meet new friends and learn about the world around you.



Explore the psychological and physiological aspects of human movement and health.



Kinesiology Package: Human Movement and Health

Explore the psychological and physiological aspects of human movement and health, and dive deeper into concepts through interactive classes, laboratories and field trips.

Sport and Exercise Psychology

Develop your understanding of the psychosocial factors that impact behaviour in sport and exercise settings. Immerse yourself in the application of sport and exercise psychology in physical activity contexts, including visiting sport and physical activity facilities and engaging in personal reflection exercises.

Student Experience

As part of VSP, you'll get the chance to mingle with peers from around the world and experience living on campus at UBC, while exploring Vancouver and its surroundings. Our package offers the chance to put your classroom learnings into practice through field trips, and participate in optional social activities.

For more information, visit:

VSP Kinesiology

vsp.kinesiology@ubc.ca
kin.educ.ubc.ca/vsp

VSP Central Office

vsp.ubc@ubc.ca
1 604 827 2957
vancouversummerprogram.ubc.ca

Exercise and Health Physiology

Be exposed to the theoretical basis for the mechanisms for exercise as a therapeutic approach to health promotion, application of exercise prescriptions and research approaches. Participate in an active learning environment, with lab-based sessions covering testing and monitoring of exercise training programs, and visits to exercise and health facilities.



Program Fee

The program fee per student includes:

- course materials and tuition for two courses
- shared accommodation on UBC campus
- basic health insurance
- transportation by shuttle bus to and from airport (during scheduled hours)
- Vancouver city tour
- orientation and farewell events
- social activities (some activities may have an additional cost)

July session cost: \$5,825 CAD

